

Essential Oil of Citronella

Young Living Therapeutic Grade Essential Oil



Refreshing and uplifting.

Historical Data

Used by various cultures to treat intestinal parasites, menstrual problems, and as a stimulant. Historically used to sanitize and deodorize surfaces. Enhanced insect repelling properties when combined with cedarwood.

Medical Properties

Powerful antioxidant, antibacterial, antifungal, insect repellent anti-inflammatory, antispasmodic, antiparasitic, relaxant.

Uses

Respiratory infections, muscle/nerve pain, digestive/intestinal problems, anxiety, skin problems, (acne, eczema, oily skin), skin-penetration enhancer.

Application

(1) Dilute 1 part essential oil with 1 part V-6 Vegetable Oil Complex or other pure vegetable oil, then apply on location, (2) apply on chakras and/or Vita Flex points, (3) inhale directly, (4) diffuse up to 30 minutes 3 times daily, or dilute 1 part essential oil with 1 part V-6 Vegetable Oil Complex or other pure vegetable oil, put in a capsule, and take up to 3 times daily or as needed as a dietary supplement.

Also Found In

Purification Essential Oil Blend

Homemade Bug Spray 🐛

Ingredients:

- ★ 1/2 cup witch hazel
- ★ 1/2 cup apple cider vinegar
- ★ 40 drops essential oils (eucalyptus, lemongrass, citronella, tea tree or rosemary)
- ★ One 8 ounce glass spray bottle

Directions:

Mix witch hazel, apple cider vinegar and essential oils in 8 ounce glass spray bottle.

Spray over all portions of the body but avoid repellent in eyes and mouth.

Bug Spray Recipe found @<https://draxe.com/homemade-bug-spray/>