Essential Oil of Tangerine

Young Living Therapeutic Grade Essential Oil



Promotes happiness; calming; helps with anxiety and nervousness. A Mie University study found that citrus fragrances boosted immunity, induced relaxation, and reduced depression (Komori, et al., 1995).

Medical Properties

Limonene 90-97%. Antitumoral, relaxant, antispasmodic, digestive aid, and circulatory enhancer; rich in limonene, which has been extensively studied in over 50 clinical studies for its ability to combat tumor growth.

Uses

Obesity, anxiety, insomnia, irritability, lung health, learning and memory support, Alzheimer's, liver problems, digestive problems, parasites, fluid retention.

Application

Dilute 1 part essential oil with 1 part V-6 Vegetable Oil Complex or other pure vegetable oil; (1) Apply 2-4 drops on location, (2) Apply on chakras and/or Vita Flex point, (3) Inhale directly, (4) Diffuse, or (5) Take as a dietary supplement.

Caution

Avoid applying to skin that will be exposed to sunlight or UV light within 24 hours.