

Awaken Essential Oil Blend

Young Living Therapeutic Grade Essential Oil



Five specific blends combine to awaken and enhance inner self-awareness that strengthens the desire to reach one's highest potential. It stimulates right brain creativity, amplifying the function of the pineal and pituitary glands in balancing the energy centers of the body and helps us identify our true desires and how best to pursue them.

Ingredients

Virgin Coconut Oil

Has been "fractioned" to create a strong shelf life. With its antiseptic and disinfectant properties, it gives a strong, stabilizing foundation to the formulation.

Joy

Produces an uplifting, magnetic energy that brings joy to the heart. It inspires romance and helps overcome grief and depression.

Forgiveness

Helps release negative memories, enabling one to move past emotional barriers and achieve higher awareness. It invites one to forgive and let go.

Present Time

Has an empowering fragrance, which gives a feeling of being "in the moment". One can go forward and progress only when in present time.

Dream Catcher

Helps open the mind and enhance dreams and visualization, promoting greater potential for realizing your dreams and staying on your path. It also protects from negative dreams that might cloud your vision.

Harmony

Promotes physical and emotional healing by bringing about a harmonic balance to the energy centers of the body. It reduces stress and creates a feeling of well-being.

Application

- Diffuse, directly inhale, or add 2-4 drops to bath water
- Apply 1 to 2 drops over heart, on wrists, neck, temples, forehead, or foot Vita Flex points.
- Dilute 1:15 with vegetable oil for a full-body massage.
- Put 2 drops on a wet cloth and put in clothes dryer
- Put 4-8 drops on cotton ball or tissues and put in or on vents.
- For clearing allergies, rub over sternum.
- Possible sun sensitivity.