

Eucalyptus Blue Essential Oil

Young Living Therapeutic Grade Essential Oil



Promotes pure and balanced deep respiratory relief.

History

Eucalyptus Blue is steam distilled from the leaves of the blue gum tree, which has been crossbred for over 250 years in the wilds of the Andean Mountains. It is a cross between *Eucalyptus citriodora* and *Eucalyptus globulus*. The native people of Ecuador use the disinfecting leaves of the tree to cover wounds and repel insects. Young Living currently farms and distills Eucalyptus Blue on its own farm in Ecuador.

Medical Properties

Expectorant, diaphoretic, insecticidal, oestrogenic, antifungal, antiviral, antibacterial.

Uses

Supports respiratory function to promote normal breathing; relieves sore muscles; calming; invigorating.

*The well balanced chemical constituents in Eucalyptus Blue provide a safe alternative to people who are allergic to Eucalyptol. It provides support for respiratory conditions due to its ability to promote deep breathing.

Fragrant Influence

Has a fresh, balanced, invigorating aroma

Directions

Aromatic: Diffuse in diffuser or humidifier up to 30 minutes 3 times daily or directly inhale.

Topical: Dilute 1 drop essential oil with 1 drop V-6 or other pure carrier oil and apply 2-4 drops on location or abdomen. Can also apply to chakras and/or Vita Flex points.

Cautions

Do not use as a dietary supplement. Large amounts of any eucalyptus oil may be toxic. Keep out of reach of children.